

Sacred Hoop of Life and Slí an Chroí  
present

# Awakening the Sacred Feminine

Tar Chugainn Mná Uasail! (Come, noble women!)

JULY 19-21, 2013

Karen is honoured at last to bring her dear Soul Sister Ona Sachs, the wise and passionate holder of the energies of Corn Maiden & the Earth Wisdom of the Americas across the ocean to meet Brigid & Goddess Danú for Healing, Ritual & Initiation. We have woven the heartlines from Ireland to the US for 3 glorious years now. Come join us for a Women's Shamanic weekend in beautiful County Wicklow. Allow the majesty of the Irish landscape call to your yearning heart to connect deeply with the powerful ancient forces of creation that are very much alive within us.

Let us honour the flow of innate wisdom that is uniquely feminine. We come together to go beyond where our ancestors could travel, to remember the immense power we carry, to receive the guidance to reclaim the memory & intuition that is essential for us to embody in our wombs at this time on Earth.

**Venue:** The Mucklagh Retreat Centre, Aghavannah, Co. Wicklow.

A beautiful, tree surrounded, purpose built retreat high in the Wicklow mountains.

**Cost:** Facilitation, Organisation & quality Vegetarian Meals €263

Accommodation for Fri 19<sup>th</sup> AND Sat 20<sup>th</sup> July: Choose either:

Mucklagh Lodge (10 twin beds ensuite) €70 per person sharing (pps)

Glenmalure Country Hotel (10 mins drive) twin beds ensuite €70 (pps)

[www.glenmalurelodge.ie](http://www.glenmalurelodge.ie)

Camping in Mucklagh Lodge field (bring own tent) €25

Total fee either €263 + €70 = €333 OR €263 + €25 = €288

**Ceremony, Ritual, Initiation, Storytelling, Moon Bathing, Community**

To book or further details email Karen at [johnandkaren@slianchroí.ie](mailto:johnandkaren@slianchroí.ie)

Accommodation at Mucklagh Lodge is at a first come first served basis.



Ona Sachs is a Wisdomkeeper, Shaman, and Energy Medicine practitioner. She has been guiding people to access their deepest wisdom for 26 years in her private practice women's circles, community ceremony for families as well as classes across the United States and internationally. She is passionate about unearthing what our Soul is calling us to express in this life.

As Senior Faculty in the Healing the Light Body school of the Four Winds Society, she teaches at Omega Institute and Kripalu Center for Yoga and Health, in Canada, and in Australia and New Zealand. She is honored to weave a tapestry of connection between Great Spirit and each participant as she passes on the Medicine she carries.

[www.SacredHoopOfLife.com](http://www.SacredHoopOfLife.com)

Karen Ward, born and bred in Dublin, Ireland, is proud to be an Irishwoman from a long lineage of healers. The name Ward in Gaelic is 'Nic an Bhaird' meaning 'Daughter of a Bard' and her storytelling skills are renowned at home and abroad. As Energy Therapist from BBC TV's 'The Last Resort' and Holistic Therapy Presenter from RTE TV's 'Health Squad', she brings a wealth of healing skills to her work. She is author of the best selling book 'Change a Little to Change a Lot'.

Karen & her husband, John Cantwell, teach & run a school of Shamanism - Holistic Living - called 'Slí an Chroí.' They are at the forefront of contemporary neo-shamanism working and teaching the pre Celtic and Irish Lineage which respects the ancestral past while creating a heart centred future. <http://www.slianchroí.ie>

